


























WEEK 1

W/C: 04/11, 25/11, 16/12, 20/01, 10/02, 10/03, 31/03

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Macaroni Cheese 	Classic Beef Burger Served with Potato Wedges	Roast Gammon Served with Roast Potatoes and Gravy	BBQ Chicken Pizza  Served with Plain Pasta	Fish Fingers Served with Chips
JACKET POTATO	Cheesy Bean Burrito   	Quorn Burger  Served with Potato Wedges	Roast Quorn  Served with Roast Potatoes and Gravy	Meatless Feast Cheesy Pizza   Served with Plain Pasta	Veggie Fingers  Served with Chips
JACKET POTATO	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings including Salmon Mayonnaise 	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta  					
All main meals are served with two vegetables					
DESSERT	Flapjack with Fruit 	Apple Crumble with Custard 	Rice Pudding with Jam or Chocolate Spread	Raspberry Jelly	Chocolate Brownie

PACKED LUNCH AVAILABLE
Ham, Cheese or Tuna baguette available daily with veg sticks and fresh fruit or dessert of the day



























AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain
 Fruity!  Nutritionist's Choice

WEEK 2

W/C: 11/11, 02/12, 06/01, 27/01, 24/02, 17/03

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Veggie Supreme Pizza   Served with Plain Pasta	Beef Bolognese   Served with Wholewheat Pasta	Roast Pork Served with Roast Potatoes and Gravy	Chicken and Vegetable Pie Served with Mashed Potato and Gravy	Crispy Chicken Burger Served with Chips
JACKET POTATO	Vegetable Fajita     Served with Wholegrain Rice	Chinese Vegetable Noodles 	Winter Vegetable Hotpot  Served with Gravy	Macaroni Cheese 	Quorn Dippers  Served with Chips
JACKET POTATO	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta  					
All main meals are served with two vegetables					
DESSERT	Crunchy Chocolate Mousse	Apple and Cinnamon Sponge with Custard 	Fruits of the Forest Jelly	Chocolate Cookie	Orange Glazed Sticky Sponge Pudding 

PACKED LUNCH AVAILABLE
Ham, Cheese or Tuna baguette available daily with veg sticks and fresh fruit or dessert of the day




























AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain
 Fruity!  Nutritionist's Choice

WEEK 3

W/C: 18/11, 09/12, 13/01, 03/02, 03/03, 24/03

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza   Served with Potato Wedges	Pork Sausages Served with Mashed Potato and Gravy	Roast Chicken Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma   Served with Wholegrain Rice	Fish Fingers Served with Chips
	BBQ Quorn Fillet    Served with Wholegrain Rice	Quorn Sausages  Served with Mashed Potato and Gravy	Roasted Vegetable and Cranberry Slice  Served with Roast Potatoes and Gravy	Tomato and Sweetcorn Pasta   	Cheese and Sweetcorn Omelette  Served with Chips
JACKET POTATO	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta  					
All main meals are served with two vegetables					
DESSERT	Chocolate Brownie with Orange Slices 	Bread and Butter Pudding with Custard	Oat Cookie with Fruit 	Lemon Shortbread	Vanilla Ice Cream

PACKED LUNCH AVAILABLE
Ham, Cheese or Tuna baguette available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain
 Fruity!  Nutritionist's Choice